

Decolonizing the Table Empowering Household Food Sovereignty

Joseph LeBlanc
Hungry for Change

December 1, 2017
Parry Sound, ON

Indigenous Food Systems

Indigenous: Originating or occurring naturally in a particular place

Food Systems: all activities involving the production, processing, transportation, and consumption of food

Key Terms and Concepts

Decolonization

Reconciliation

Food Sovereignty & Security

Home Economics

Hybrid Economies

Community-based life projects

Indigenous Philosophy & Practice

Research and Planning

Resetting the Table

WHAT HAPPENED TO INDIGENOUS FOOD SOVEREIGNTY IN NORTHERN ONTARIO: UNDERSTANDING IMPOSED POLITICAL, ECONOMIC, SOCIO-CULTURAL, AND SOCIO-ECOLOGICAL CHANGES

The Deliberate Imposition of "Food Insecurity"

- Contact and Trade
- Act for the Gradual Civilization of Indians
- Constitution Act
- Treaties and Reserves
- Residential Schools
- Oligopolization of the Import Food Market

FOREST AND FRESHWATER FOODS IN TWO NORTHERN ONTARIO FIRST NATIONS: PERCEPTIONS OF ENVIRONMENTAL CONTAMINATION AND FOOD SECURITY



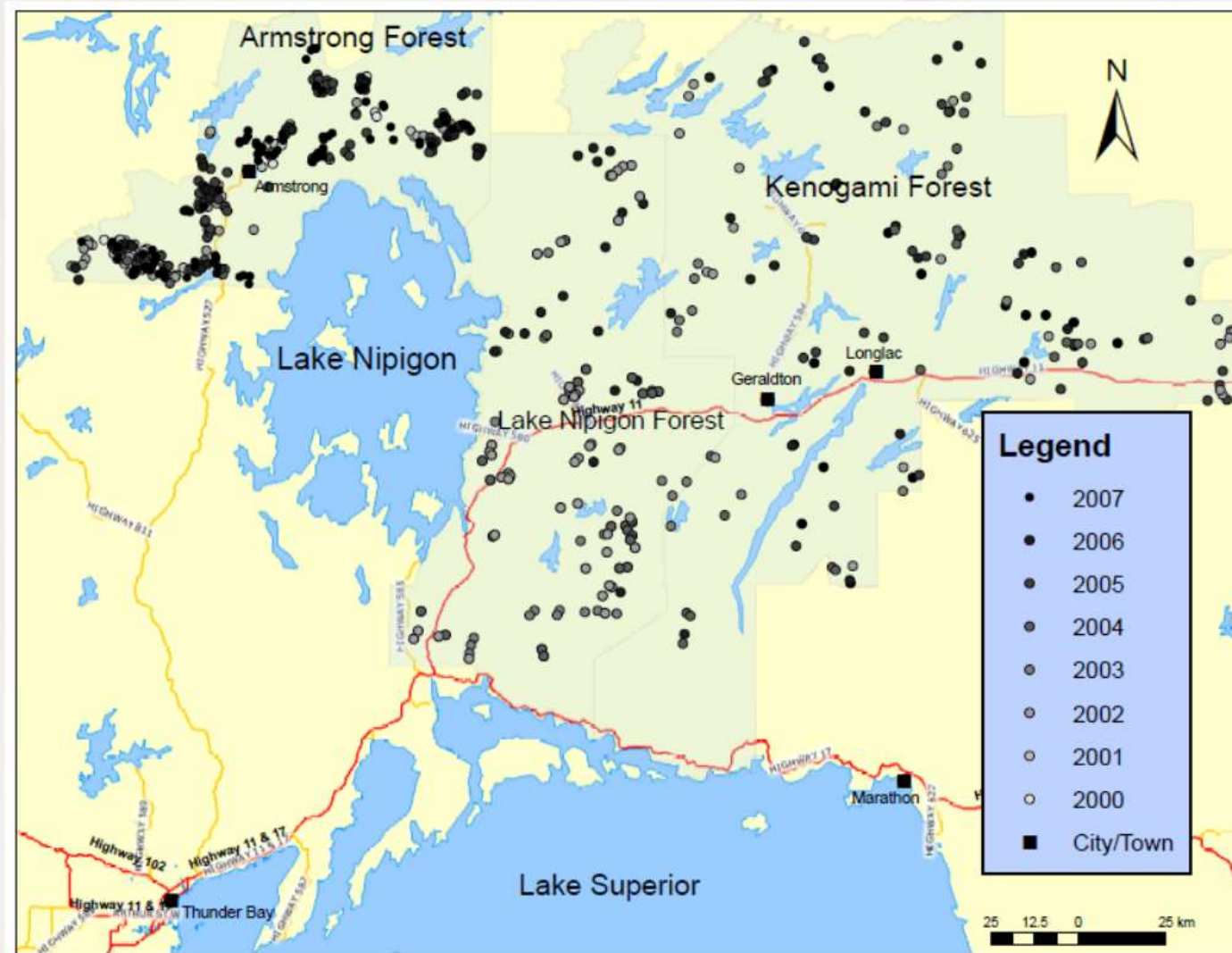
FOREST AND FRESHWATER FOODS IN TWO NORTHERN ONTARIO FIRST NATIONS: PERCEPTIONS OF ENVIRONMENTAL CONTAMINATION AND FOOD SECURITY

Respondents rated blueberries as being significantly more contaminated than did the remote community

In Aroland, perceived contamination of fish was significantly correlated with how often winter meals included fish

In Aroland, the belief that herbicide spraying affects the food system was positively correlated with the number of fish meals consumed in the summer, the number of moose meals in winter, and the number of blueberry meals in the summer

Location of herbicide application in Aroland First Nation's territory between 2000 and 2007



FIRST NATIONS MOOSE HUNT IN ONTARIO: A COMMUNITY'S PERSPECTIVES AND REFLECTIONS

Survey results:

- 87 moose harvested by 40 respondent hunters
- MNR recorder a total of 210 annual moose harvests within AFN traditional territory
- FN harvests not taken into account in the MNR record, we conservatively estimated that there is an error of approximately 40% in the moose harvest reported by the MNR

CASE STUDY OF THE AROLAND YOUTH BLUEBERRY INITIATIVE



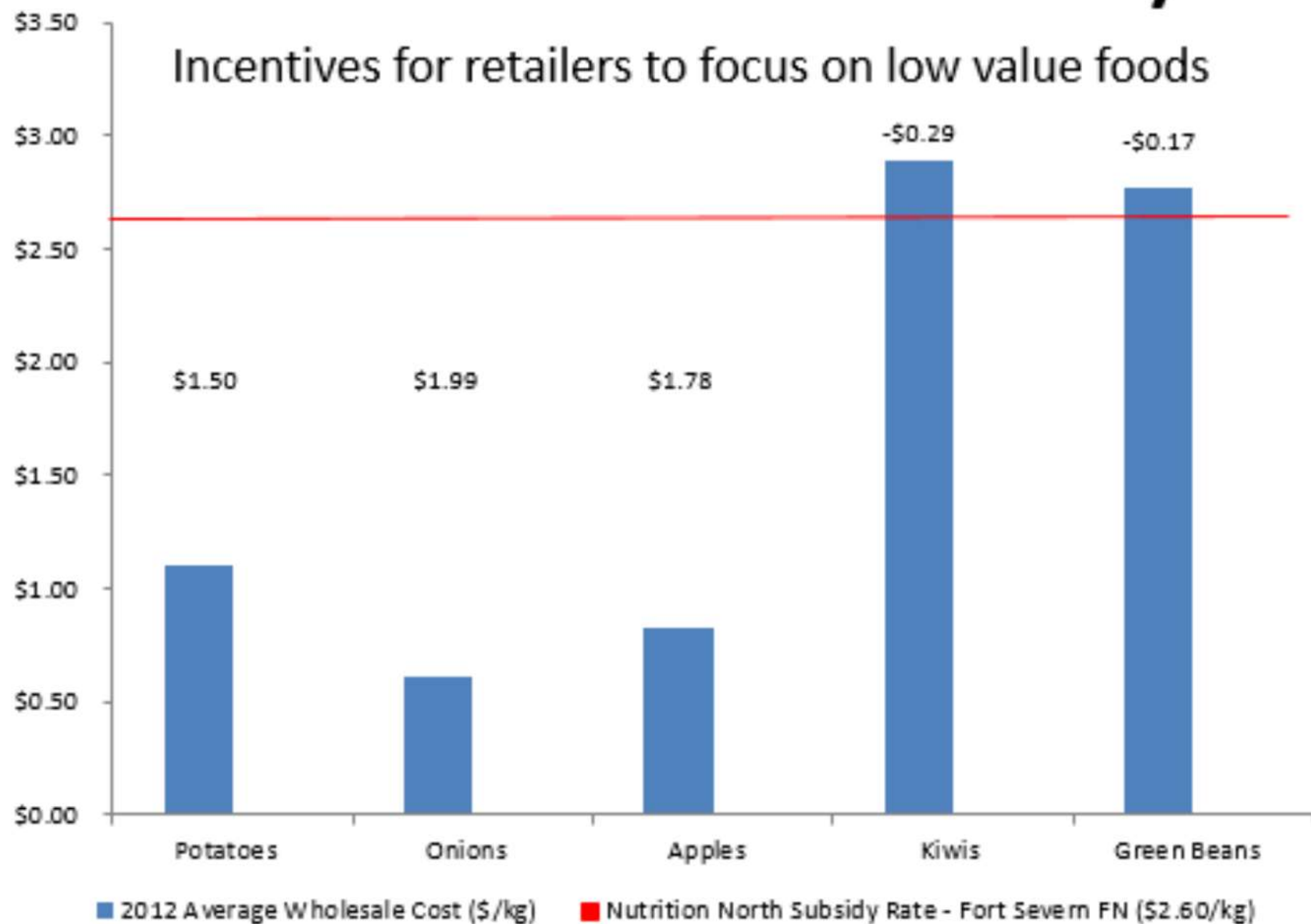
Key Elements of Aroland Youth Blueberry Initiative

- undertaken through collective actions
- shared opportunities
- respectful interactions as equals
- demonstrate reciprocity through fair prices paid both to the picker and by our customers
- provide real world experiential learning opportunities for our community members
- seek advice from local knowledge holders and
- honour our responsibility to all creation by not taking more than we need

First Nation	Highest Costs under FMP Between 1990 and 2009	Most Recent Cost under NNC	Percent Change from FMP to NNC	Cost of RNNFB for 1 year	Family annual income on assistance	Income – Cost of RNNFB
Fully Eligible Under Nutrition North Canada						
Fort Albany	\$412.00	\$428.18	+3.9%	\$22,265.36	\$18,723	-\$3542.36
Attawapiskat	\$391.00	\$422.01	+7.9%	\$21,944.52	\$18,723	-\$3221.52
Partially Eligible Under Nutrition North Canada						
Sachigo Lake	\$280.00	\$478.81	+71%	\$24,898.12	\$18,723	-\$6275.12
Wunnummin Lake	\$256.00	\$442.14	+72.7%	\$22,989.72	\$18,723	-\$4266.72
Ineligible Under Nutrition North Canada*						
Sandy Lake	\$322.57	\$499.36	+54.8%	\$25,966.72	\$18,723	-\$7243.72
*the RNNFB is not being used by NNC in ineligible communities. Prices reported are from independent sources.						

Increased Availability?

Incentives for retailers to focus on low value foods



	Farmer's Market	Northern Store
10lbs Potatoes	6	13.19
2 lbs Carrots	2	3.99
2 lbs Onions	2	4.19
Broccoli	2	5.75
Lettuce	2	3.69
Celery	2	4.79
Tomatoes	2	5.39
Green Onions	.50	2.19
Cucumber	1	3.65
Red Pepper	1	7.40
3 lbs Apples	2	13.79
4 lbs Oranges	2	11.49
Bananas	2	6
Grapes	4	8
Strawberries	4	7.85
Total	\$34	\$101.36

SPC Sudbury's Community Emergency Fund

\$11980 Dispersed

\$171 Average

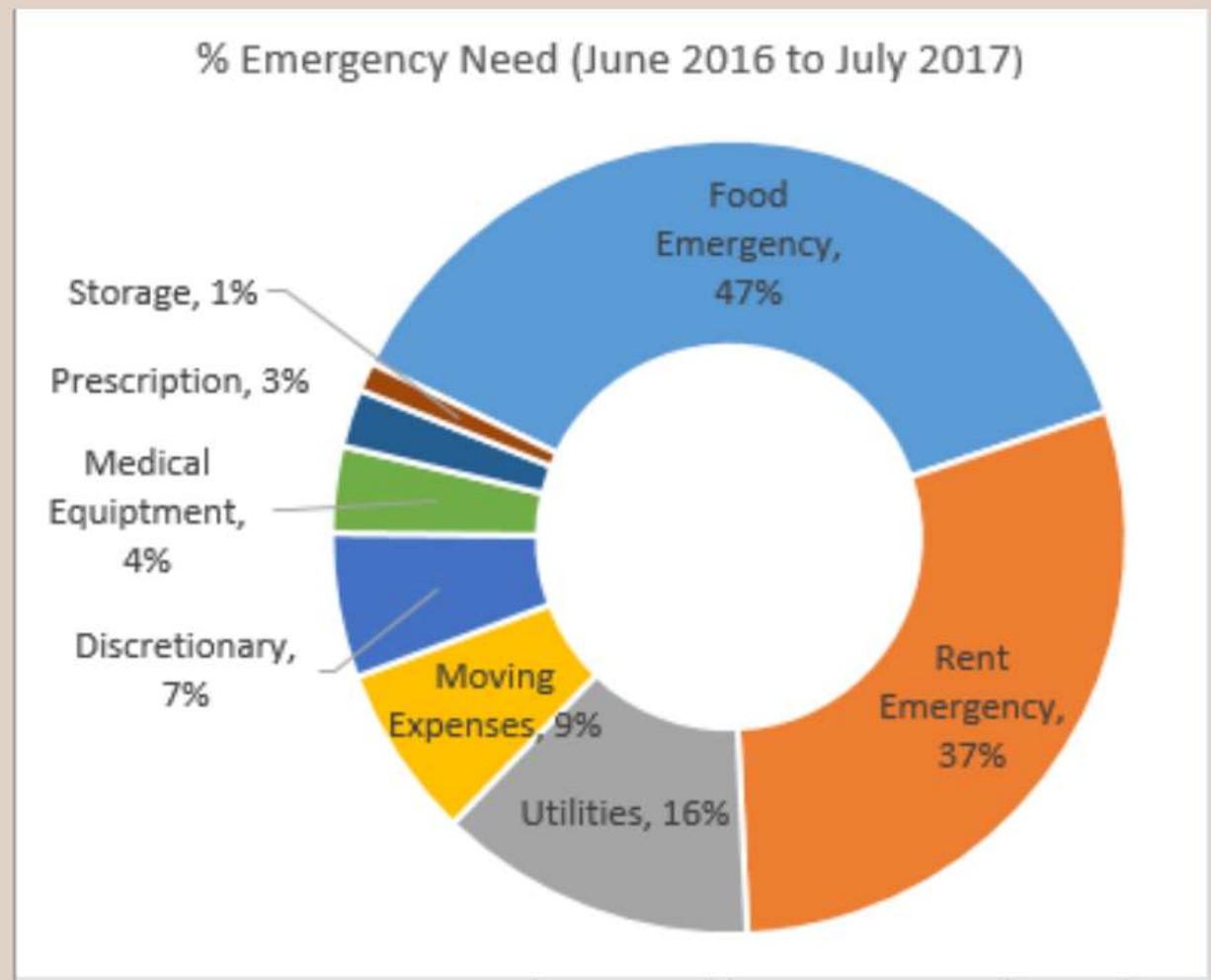
71% Single Parents

66% Female Led

59% Approval Rate

59% Age 24 - 44

3% Age 65+



Supports for Household Food Sovereignty

Community-based Food Plans, Charters and Strategies

Management of Natural Resources as Food Systems

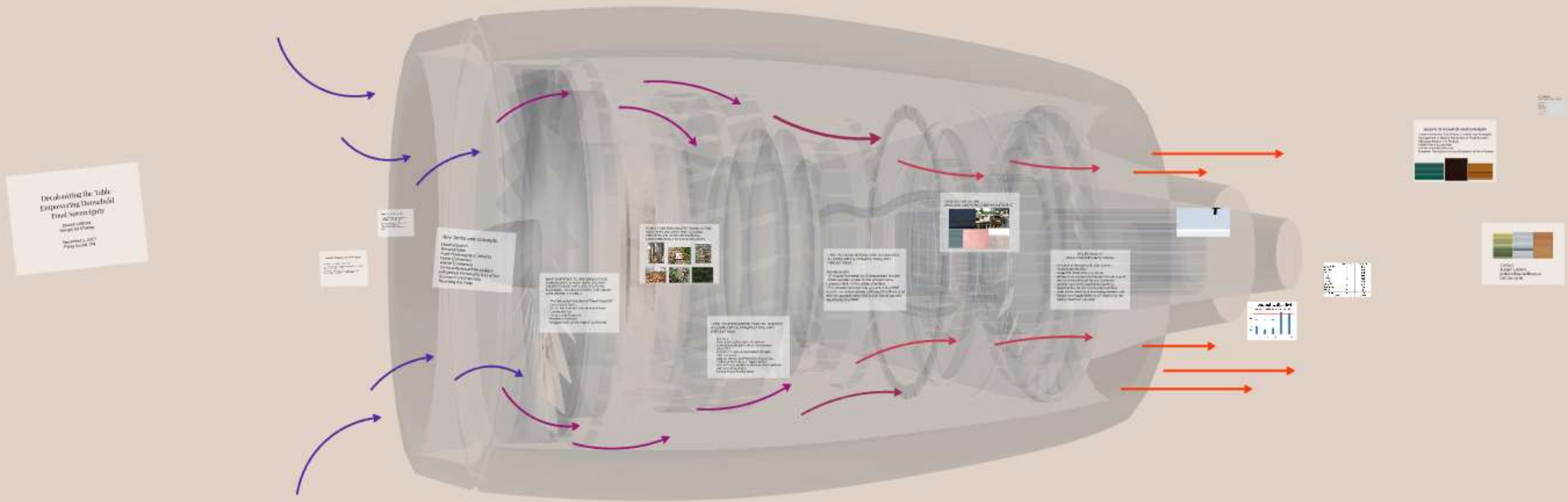
Micro-granting for Life Projects

Hybrid Home Economies

Income Security Advocacy

Empower Participation in any/all Aspects of Food System





Household Food Sovereignty

Four R's Strategy

Reclaim Reorganize Reskill Rebuild



Contact:
Joseph LeBlanc
jleblanc@spcsudbury.ca